



IGP Wellness Medicals

IGP firmly believe that understanding as much about your health as possible is key to living a healthier, happier and longer life. As part of the service we provide our patients, we are extremely proud to be partnering with Radox Health, to develop a Wellness Product that provides an unrivalled level of detail and analysis on your current health, coupled with bespoke individual guidance to managing and improving your health and wellbeing.

- ✓ Comprehensive Physical Examinations
- ✓ Radox Laboratories Patented Pathology Testing Screens
- ✓ Cardiologist Led Heart Health
- ✓ Hard Copy & Electronic Detailed Findings Reports
- ✓ Findings & Recommendations Appointment with a GP Experienced in Lifestyle Medicine
- ✓ FREE Covid-19 Quantitative Antibody (Immunity) Test with all Wellness Medicals

BRONZE £399	SILVER £599	GOLD £899
Vital Obs & Physical Measurements	Vital Obs & Physical Measurements	Vital Obs & Physical Measurements
Radox Essential 100 patented pathology screen	ENT, Eye, Musculoskeletal, Breast/Testicular Examination	ENT, Eye, Musculoskeletal, Breast/Testicular Examination
Hard Copy and Electronic Report	Radox Essential 100 patented pathology screen	Lung Function
Remote Findings Appointment	Hard Copy and Electronic Report	ECG (reported by Cardiologist)
	Findings & Recommendations Appointment	Radox Advanced 150 patented pathology screen
		Hard Copy and Electronic Report
		Findings & Recommendations Appointment

Why Have A Wellness Medical With The IGP?

Having an IGP Wellness Medical enables detection of the earliest signs and risk factors for disease and gives you the tools to be proactive about your health. Prevention is key. IGP will help you understand your results and provide you with the knowledge and motivation to tackle any health issues, adopt healthy lifestyle behaviours and reduce your risk of future disease.

Who Are Randox Health?

Randox Health is a global leader in healthcare diagnostics with 5% of the world's population - in excess of 370 million people across 145 countries receiving medical diagnosis using Randox products each year. Their screening provides the world's most comprehensive full-body health check packages on the market today, with patented technology enabling 100's of individual tests to be carried out from one sample, giving truly unparalleled knowledge about a patient's health now and in the future.



What exactly is included?

	BRONZE £399	SILVER £599	GOLD £899
QUESTIONNAIRES			
Lifestyle & Heart Risk Questionnaire	✓	✓	✓
NURSE LED EXAMINATION			
Height	✓	✓	✓
Weight	✓	✓	✓
Body Mass Index (BMI)	✓	✓	✓
Waist Circumference	✓	✓	✓
Hip Circumference	✓	✓	✓
Waist/Hip Ratio	✓	✓	✓
Pulse	✓	✓	✓
Systolic Blood Pressure	✓	✓	✓
Diastolic Blood Pressure	✓	✓	✓
Lung Function			✓
GP LED PHYSICAL EXAMINATION			
ENT (Ear, Nose & Throat) Examination		✓	✓
Eye Examination		✓	✓
Musculoskeletal Examination		✓	✓
Breast Exam & Breast Cancer Awareness		✓ f	✓ f
Testicular Exam & Testicular Cancer Awareness		✓ m	✓ m
PATHOLOGY			
Full Blood Count	✓	✓	✓
Iron Status	✓	✓	✓
Heart Health	✓	✓	✓
Diabetes Health	✓	✓	✓
Metabolic Syndrome	✓	✓	✓
Kidney Health	✓	✓	✓
Urinalysis	✓	✓	✓
Liver Health	✓	✓	✓
Pancreatic Health			✓
Digestive Health			✓
Nutritional Health			✓
Muscle & Joint Health			✓
Bone Health	✓	✓	✓
Infection & Inflammation			✓
Thyroid Health	✓	✓	✓
Female Hormonal Health			✓ f
Male Hormonal Health			✓ m
Prostate Health (male)	✓ m	✓ m	✓ m
12 Lead Resting ECG (reviewed & reported by Cardiologist)			
			✓
Remote GP Appointment to Review Results (30 mins)			
	✓		
In Clinic or Remote Findings & Recommendations Appointment (45 mins)			
		✓	✓



Completing An IGP Wellness Medical

1 - Initial Consultation

An initial appointment will be undertaken with an IGP Nurse and/or Doctor to take the required key health measurements, pathology samples and undertake a physical examination.

2 - The Testing

In-depth health analysis and diagnostics will be completed.

3 - The Results

You will receive a Key Findings, Detailed Results and Physical Examination report within 7 days. These will be provided as hard copy posted straight to your home and electronic copy delivered via our secure patient portal.

4 - Follow Up Consultation

A follow up appointment will be made when the results are available with an IGP General Practitioner. This will be to discuss your results and/or help plan your way forward to manage and improve your health and wellbeing.

ADDITIONAL BOLT-ON TESTS AVAILABLE	£
Lung Function	75
ECG with Cardiologist Review	150
Echocardiogram with Cardiologist Consultation and Report	595
HPV (Smear) Test	137
STI Screen - Instant 6	395
STI Screen - Full STI Screen	480
Vitamin B12 Level	68
Allergy Profile (Various Options)	TBA
Chest X-Ray	125
ELF (Enhanced Liver Fibrosis)	202
Genetic Cancer Screening	495
Genetic Cancer & Cardiac Screening	595

How to book?

We have a dedicated Wellness Medical booking co-ordinator who will advise and assist you on your Wellness Medical booking and throughout the process of your medical.

Please feel free to:

- Call us on 03456 252 252 and we will be able to assist
- Email enquiries@theigp.co.uk and we can arrange your medical via email or call you back at your convenience

Corporate Health Assessments

What are the benefits of providing IGP Wellness Medicals as part of a corporate benefits package?

- Reduces the risk of losing a critical member of the team – whether that be due to unforeseen ill-health or premature death
- Offers reassurance for your organisation as well as your employees and their families
- Provides a highly desirable, world-class corporate benefit
- Helps promote and maintain a fit and healthy team
- Assessments can be tailored to suit your company's unique requirements
- Discounts are available, depending on the number of employees included in the plan

Radox Pathology Tests	ESSENTIAL	ADVANCED
Total Number of Tests	100	150
Full Blood Count		
Haemoglobin	✓	✓
Haematocrit	✓	✓
Mean Cell Haemoglobin (MCH)	✓	✓
Mean Cell Haemoglobin Concentration (MCHC)	✓	✓
Red Blood Cell Mean Cell Volume (MCV)	✓	✓
Red Blood Cell Count	✓	✓
Basophil Count	✓	✓
Eosinophil Count	✓	✓
Lymphocyte Count	✓	✓
Monocyte Count	✓	✓
Neutrophil Count	✓	✓
White Blood Cell Count	✓	✓
Platelet Count	✓	✓
Iron Status		
Iron	✓	✓
Ferritin	✓	✓
Total Iron Binding Capacity (TIBC)	✓	✓
Transferrin	✓	✓
Transferrin Saturation	✓	✓
Heart Health		
Total Cholesterol	✓	✓
LDL Cholesterol	✓	✓
HDL Cholesterol	✓	✓
Total Cholesterol / HDL Cholesterol Ratio	✓	✓
Triglycerides	✓	✓
Apolipoprotein A-I	✓	✓
Apolipoprotein B	✓	✓
Apolipoprotein B / A-I Ratio	✓	✓
Apolipoprotein CII	✓	✓
Apolipoprotein CIII	✓	✓
Small LDL Cholesterol	✓	✓
Lipoprotein (a)	✓	✓
High Sensitivity C-Reactive Protein (hsCRP)	✓	✓
Cardiovascular Risk Score	✓	✓
Heart-type Fatty Acid Binding Protein (H-FABP)1	✓	✓
Diabetes Health		
Glucose	✓	✓
HbA1c	✓	✓
Insulin	✓	✓
C-peptide	✓	✓

Metabolic Syndrome		
Height	✓	✓
Weight	✓	✓
Body Mass Index (BMI)	✓	✓
Waist Circumference	✓	✓
Systolic Blood Pressure	✓	✓
Diastolic Blood Pressure	✓	✓
Glucose	✓	✓
HDL Cholesterol	✓	✓
Triglycerides	✓	✓
HbA1c	✓	✓
Insulin	✓	✓
C-peptide	✓	✓
Leptin	✓	✓
Adiponectin	✓	✓
Resistin	✓	✓
High Sensitivity C-Reactive Protein (hsCRP)	✓	✓
Kidney Health		
Creatinine	✓	✓
Estimated Glomerular Filtration Rate (eGFR)	✓	✓
Cystatin C	✓	✓
Calcium (adjusted)	✓	✓
Chloride	✓	✓
Magnesium	✓	✓
Phosphate	✓	✓
Potassium	✓	✓
Sodium	✓	✓
Urea	✓	✓
Uric Acid	✓	✓
Urinalysis		
Bilirubin	✓	✓
Glucose	✓	✓
Ketones	✓	✓
Nitrite	✓	✓
pH	✓	✓
Protein	✓	✓
Red Blood Cells (RBCs)	✓	✓
Urobilinogen	✓	✓
White Blood Cells (WBCs)	✓	✓
Liver Health		
Alanine Aminotransferase (ALT)	✓	✓
Alkaline Phosphatase (ALP)	✓	✓
Aspartate Aminotransferase (AST)	✓	✓
Gamma-Glutamyltransferase (GGT)	✓	✓
Total Bilirubin	✓	✓
Albumin	✓	✓
Ferritin	✓	✓

Pancreatic Health		
Pancreatic Amylase		✓
Lipase		✓
Digestive Health		
H. pylori		✓
Anti-Tissue Transglutaminase Antibodies (Coeliac)		✓
Nutritional Health		
Total Antioxidant Status (TAS)		✓
Albumin		✓
Calcium (adjusted)		✓
Magnesium		✓
Iron		✓
Folic acid		✓
Folate		✓
Vitamin D	✓	✓
Muscle & Joint Health		
Creatine Kinase2		✓
Uric Acid		✓
Rheumatoid Factor (RF)		✓
Bone Health		
Alkaline Phosphatase (ALP)	✓	✓
Calcium (adjusted)	✓	✓
Phosphate	✓	✓
Vitamin D	✓	✓
Parathyroid Hormone (PTH)		✓
Infection & Inflammation		
C-Reactive Protein (CRP)		✓
Erythrocyte Sedimentation Rate (ESR)		✓
Rheumatoid Factor (RF)		✓
Albumin		✓
Alpha-1 Acid Glycoprotein (AGP)		✓
Alpha-1 Antitrypsin (AAT)		✓
Complement Component 3 (C3)		✓
Complement Component 4 (C4)		✓
Ferritin		✓
Immunoglobulin A (IgA)		✓
Immunoglobulin G (IgG)		✓
Immunoglobulin M (IgM)		✓
Antistreptolysin O (ASO)		✓

Thyroid Health		
C-Reactive Protein (CRP)		✓
Erythrocyte Sedimentation Rate (ESR)		✓
Rheumatoid Factor (RF)		✓
Albumin		✓
Alpha-1 Acid Glycoprotein (AGP)		✓
Alpha-1 Antitrypsin (AAT)		✓
Complement Component 3 (C3)		✓
Complement Component 4 (C4)		✓
Ferritin		✓
Immunoglobulin A (IgA)		✓
Immunoglobulin G (IgG)		✓
Immunoglobulin M (IgM)		✓
Antistreptolysin O (ASO)		✓
Thyroid Health		
Thyroid Stimulating Hormone (TSH)	✓	✓
Free Thyroxine (FT4)	✓	✓
Free Tri-iodothyronine (FT3)	✓	✓
Anti-Thyroglobulin Antibody (Anti-Tg)	✓	✓
Anti-Thyroid Peroxidase Antibody (Anti-TPO)	✓	✓
Female Hormonal Health		
Oestradiol		✓ f
Follicle Stimulating Hormone		✓ f
Luteinising Hormone		✓ f
Progesterone		✓ f
Prolactin ⁵		✓ f
Testosterone		✓ f
Sex Hormone Binding Globulin (SHBG)		✓ f
Free Androgen Index		✓ f
Male Hormonal Health		
Testosterone		✓ m
Sex Hormone Binding Globulin (SHBG)		✓ m
Free Androgen Index		✓ m
Prostate Health (male)		
Total Prostate Specific Antigen (TPSA) ⁶	✓	✓ m



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